

Help us stamp out bullying.

Speak out against
inappropriate behaviour

Bullying is:

- A repeated, unjustifiable behaviour that may be physical, verbal and/or psychological
- Intended to cause fear, distress or harm to another
- Conducted by a more powerful individual or group
- Against a less powerful individual who is unable to effectively resist

All forms of bullying and harassment are serious. Students who choose this behaviour will face consequences which include:

- Removal from Play (short or long term)
- Take Home
- Internal Suspension
- External Suspension

If you see someone being bullied you can:

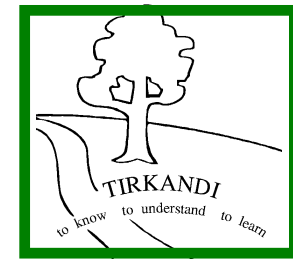
- Tell the person to stop
- Be a friend to the person being bullied
- Seek help

THE IMPORTANT ROLE OF PARENTS

As parents you can:

- Be aware of signs of distress in your child.
- Take an active interest in your child's social life and acquaintances.
- Assist your child to discuss any incidence of bullying with a teacher or the school counsellor, allow your child to report and deal with the situation. Your child can gain respect and confidence through taking the initiative and dealing with the problem.
- Discourage any planned retaliation, either physical or verbal by discussing positive strategies they can use.
- Be positive about your child's qualities and encourage your child to be tolerant and caring.

WE WANT TO
STOP
HARASSMENT
AND
BULLYING OF ALL
KINDS



Riverdale R-7 School Anti bullying policy



We aim to establish a community in which everybody feels valued, respected and safe, and where individual differences are appreciated, understood and accepted. Everyone has a right to enjoy their time at school

This school community does not tolerate bullying or harassment.

RIVERDALE R-7 SCHOOL CARES

At Riverdale R-7 School everyone has the right to feel safe and valued and every member of the school community has a responsibility to ensure that this happens.

Each person is recognised as a unique individual bringing special qualities to share and so we all have the right to be respected and the responsibility to respect others.

Therefore, we do not tolerate bullying or harassment at all. Every form of harassment or bullying is serious and consequences will reflect this. All members of our community are committed to ensuring a safe and supportive environment which promotes personal growth and fosters positive self-esteem for all. We aim to maintain a culture in which everyone feels valued and respected and where individual differences are appreciated, understood and accepted.



TYPES OF BULLYING

Racist Harassment

- Name Calling
- Excluding people
- Teasing about family and Culture
- Making up hurtful rhymes or songs

Physical

- Hitting, punching, slapping
- Kicking
- Pushing, strangling
- Spitting, biting
- Pinching, scratching
- Throwing things—stones, bark etc.
- Getting another person to harm someone

Non-physical

- Mean and hurtful name-calling
- Hurtful teasing
- Demanding money or possessions
- Spreading rumours
- Trying to get other students not to like someone

Non verbal

- Threatening and/or obscene gestures
- Deliberate exclusion from a group or activity
- Removing and hiding and/or damaging others' belongings

Sexual Harassment

- Inappropriate touching
- Not respecting personal space
- Teasing about boyfriend / girlfriend

Cyber Bullying

- Texting inappropriate or offensive comments
- Posting offensive comments on social media networks

STUDENT GRIEVANCE PROCEDURES

The following are steps we teach students to take if they are being harassed.

1. Tell the person who is harassing to stop it and leave you alone
 - Remember to 'tell them toughly' Say exactly what behaviour you don't like.
2. If the harassment goes on
 - Get an adult to help you OR Get a friend to stand with you whilst you tell the harasser to stop and go away
 - Remember to 'speak FIRMLY' Say what behaviour is harassing
3. If the harassment goes on, tell an adult immediately
 - If it happens in the yard, tell the nearest teacher on duty
 - If it happens in the room, tell the teacher who is with you
 - Remember -
 - to tell your home group teacher so she/he has the big picture
 - to keep telling an adult until the harassment is stopped.
4. Parents will join school staff to talk to children who harass others.

After you have talked with your home group teacher you can make a time to talk with our Student Counsellor, the Assistant Principal or Principal.