Bullying is:

• A repeated, unjustifiable behaviour that may be physical, verbal and/or psychological
• Intended to cause fear, distress or harm to another
• Conducted by a more powerful individual or group
• Against a less powerful individual who is unable to effectively resist

*All forms of bullying and harassment are serious. Students who choose this behaviour will face consequences which include:*

• Removal from Play (short or long term)
• Take Home
• Internal Suspension
• External Suspension

*If you see someone being bullied you can:*

• Tell the person to stop
• Be a friend to the person being bullied
• Seek help

**Help us stamp out bullying.**
*Speak out against inappropriate behaviour*

**THE IMPORTANT ROLE OF PARENTS**

As parents you can:

• Be aware of signs of distress in your child.
• Take an active interest in your child’s social life and acquaintances.
• Assist your child to discuss any incidence of bullying with a teacher or the school counsellor, allow your child to report and deal with the situation. Your child can gain respect and confidence through taking the initiative and dealing with the problem.
• Discourage any planned retaliation, either physical or verbal by discussing positive strategies they can use.
• Be positive about your child’s qualities and encourage your child to be tolerant and caring.

**WE WANT TO STOP HARASSMENT AND BULLYING OF ALL KINDS**

*This school community does not tolerate bullying or harassment.*

Riverdale R-7 School
*Anti bullying policy*

We aim to establish a community in which everybody feels valued, respected and safe, and where individual differences are appreciated, understood and accepted. Everyone has a right to enjoy their time at school.
At Riverdale R-7 School everyone has the right to feel safe and valued and every member of the school community has a responsibility to ensure that this happens.

Each person is recognised as a unique individual bringing special qualities to share and so we all have the right to be respected and the responsibility to respect others.

Therefore, we do not tolerate bullying or harassment at all. Every form of harassment or bullying is serious and consequences will reflect this. All members of our community are committed to ensuring a safe and supportive environment which promotes personal growth and fosters positive self-esteem for all. We aim to maintain a culture in which everyone feels valued and respected and where individual differences are appreciated, understood and accepted.